

Un Progetto per le Cure Palliative

Ospedale di Mede ASST Pavia

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The background of the slide is a reproduction of the famous Japanese woodblock print 'The Great Wave off Kanagawa' by Katsushika Hokusai. The image depicts a massive, curling blue wave with white foam, about to crash over several small fishing boats. In the distance, the snow-capped Mount Fuji is visible under a pale sky. The print is signed and titled in the upper right corner.

Key points

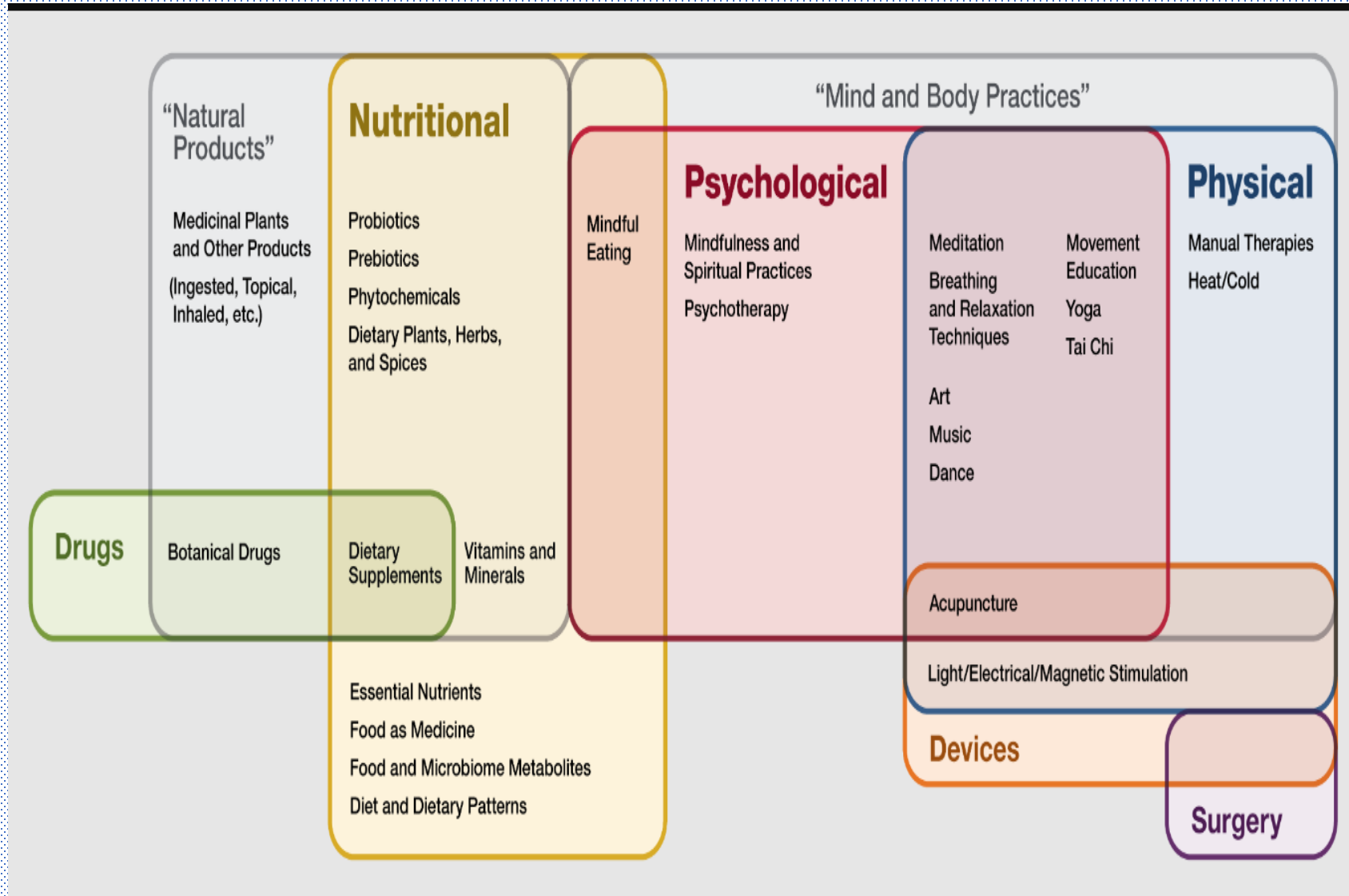
- ✓ **Uno sguardo d'insieme. La visione integrata della medicina e della cura: opportunità e benefici**
- ✓ **Scopo e articolazione del progetto**



National Center for
Complementary and
Integrative Health

Verso una medicina integrata

Da una visione 'organica'
della malattia ad una visione
più adeguata alla complessità
dei determinanti della salute



Medicina Integrata: definizione e stato dell'arte

Cancer Treatment

Types of Cancer Treatment >

Side Effects of Cancer Treatment

A to Z List of Cancer Drugs >

Complementary & Alternative Medicine (CAM)

CAM for Patients

CAM for Health Professionals

Selected NCI-Supported Trials >

Questions to Ask about Your
Treatment

NIH Clinical Center

Research

Complementary and Alternative Medicine

Complementary and alternative medicine (CAM) is the term for medical products and practices that are not part of standard medical care. People with cancer may use CAM to

- help cope with the side effects of cancer treatments, such as nausea, pain, and fatigue
- comfort themselves and ease the worries of cancer treatment and related stress
- feel that they are doing something to help with their own care
- try to treat or cure their cancer

Integrative medicine is an approach to medical care that combines conventional medicine with CAM practices that have shown through science to be safe and effective. This approach often stresses the patient's preferences, and it attempts to address the mental, physical, and spiritual aspects of health.



Complementary and alternative medicine includes practices such as massage, acupuncture, tai chi, and drinking green tea.

Credit: iStock

Medicina Integrata e Cure Palliative

1. Condividono gli stessi scopi
2. Miglioramento degli outcomes

Medicina Integrata

Cure palliative



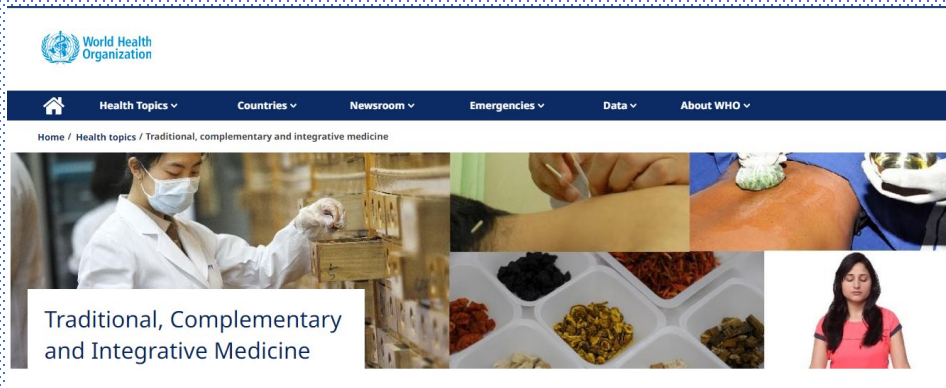
Arte e Medicina

Quali sono le evidenze sul ruolo delle arti nel miglioramento della salute e del benessere?

L'OMS definisce la salute come "uno stato di completo benessere fisico, mentale e sociale, e non la mera assenza di malattia o infermità"



Un nuovo cambiamento di paradigma: T&CM



Box 1: T&CM Definitions

Traditional medicine (TM):

Traditional medicine has a long history. It is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness. (<http://www.who.int/medicines/areas/traditional/definitions/en/>).

Complementary medicine (CM):

The terms “complementary medicine” or “alternative medicine” refer to a broad set of health care practices that are not part of that country’s own tradition or conventional medicine and are not fully integrated into the dominant health-care system. They are used interchangeably with traditional medicine in some countries.

(<http://www.who.int/medicines/areas/traditional/definitions/en/>).

Traditional and complementary medicine (T&CM):

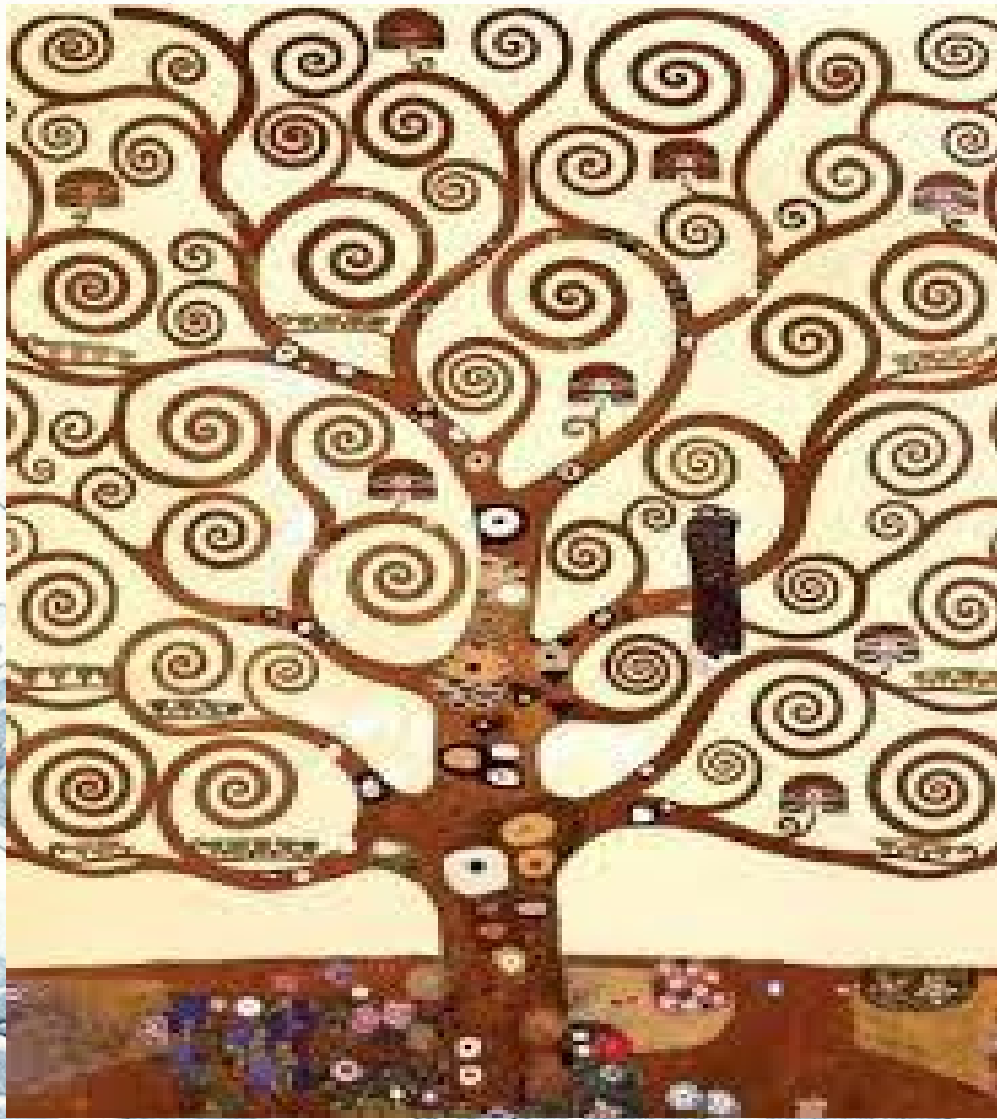
T&CM merges the terms TM and CM, encompassing products, practices and practitioners.



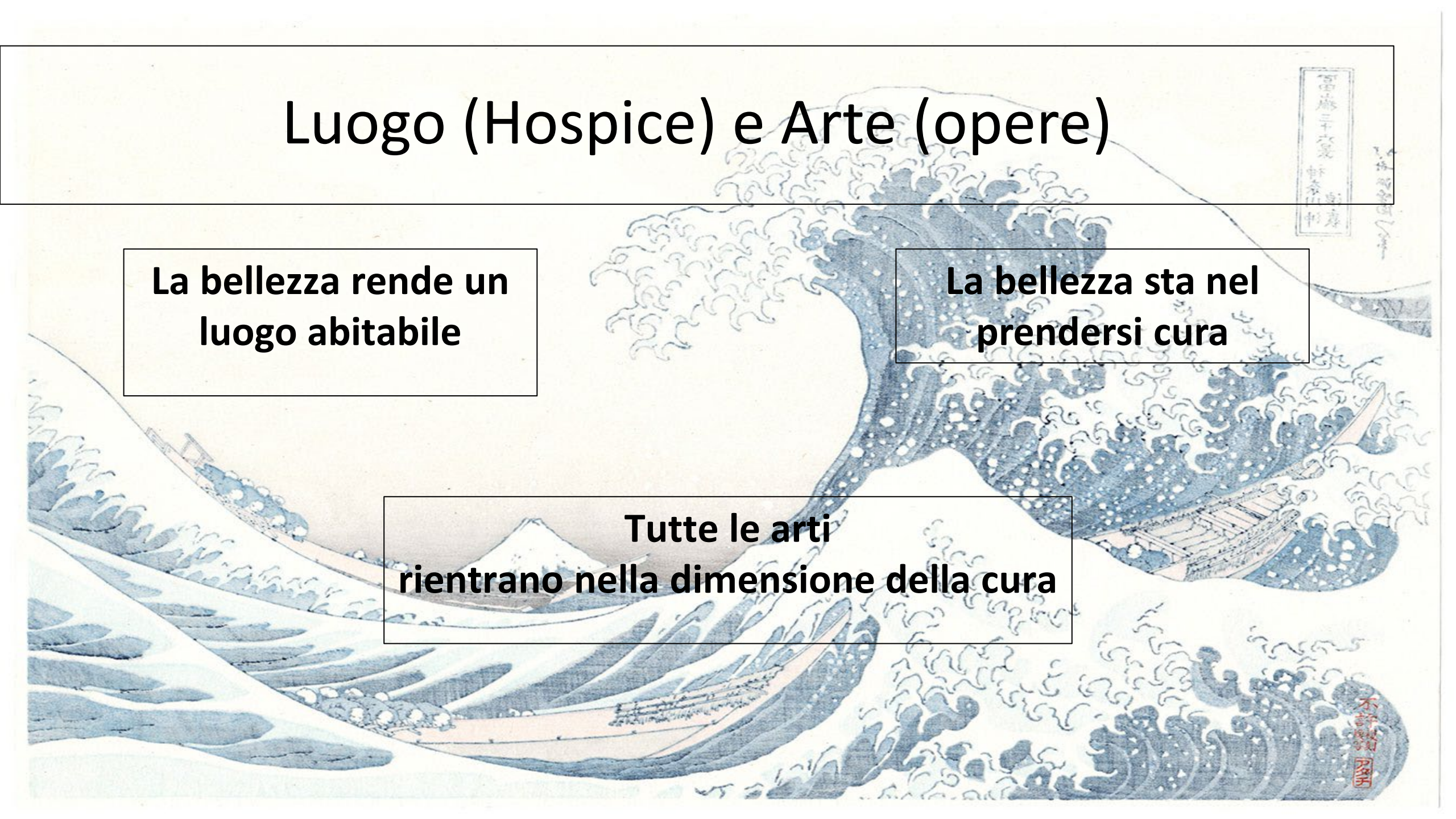
Crisis, Creativity and Finitude
Experiences with expressive therapy in Hospice

Cristina Endrizzi, T. Sabina Mediani, Rosanna Barbaro, Paolo Fumagalli, Francesco Apicella, Ivan Battistin, Unità di Cure Palliative, Mede, ASST-PAVIA. Lombardy, Italy

Medicina Narrativa e Arte per la Cura



Luogo (Hospice) e Arte (opere)



**La bellezza rende un
luogo abitabile**

**La bellezza sta nel
prendersi cura**

**Tutte le arti
rientrano nella dimensione della cura**

1. Articolazione del progetto

Identificazione delle immagini (7 opere)





La Grande Onda di Kanagawa - Okusai



La Notte Stellata – Van Gogh



Il Ramo di Mandorlo in Fiore – Van Gogh



Le Ninfee- Monet



I Papaveri - Monet



Particolare della Creazione - Michelangelo



La Risaia - F. Bialetti

2. Articolazione del progetto



ISTUD Sanità e Salute

MASTER IN MEDICINA NARRATIVA APPLICATA

XIV EDIZIONE – DAL 9 NOVEMBRE 2023



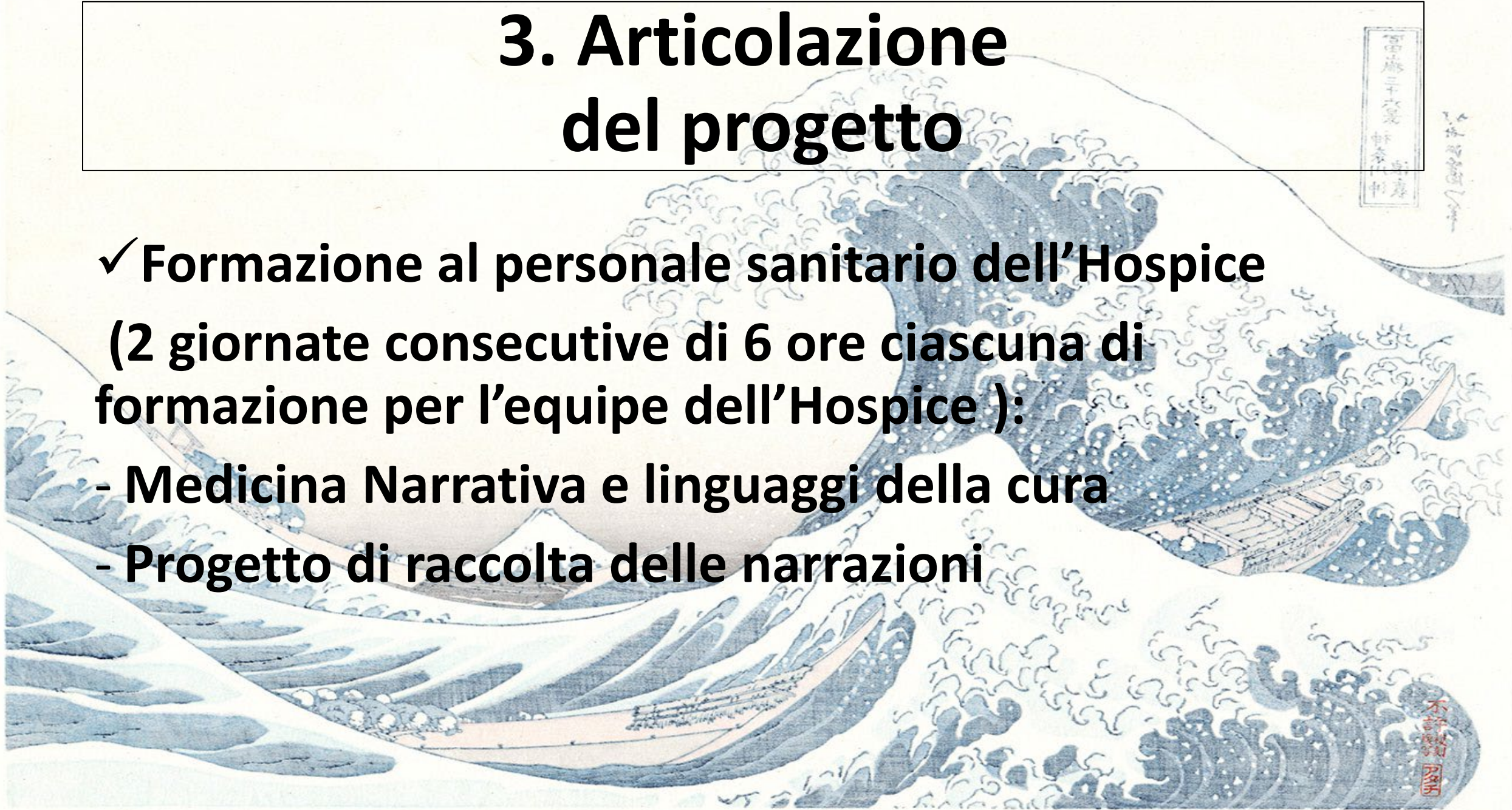


Project work :

- ✓ Ricerca riguardante l'**effetto dell'arte sui pazienti**;
- ✓ Sensibilizzazione ai temi di medicina narrativa, humanities for health e arteterapia
- ✓ Ricerca riguardante l'esperienza della narrazione attraverso la fruizione dell'arte.

3. Articolazione del progetto

- ✓ **Formazione al personale sanitario dell'Hospice (2 giornate consecutive di 6 ore ciascuna di formazione per l'equipe dell'Hospice):**
 - **Medicina Narrativa e linguaggi della cura**
 - **Progetto di raccolta delle narrazioni**



4. Articolazione del progetto

✓ Raccolta delle narrazioni (*)

✓ Supervisione ai partecipanti al master sulle modalità di analisi dell'impatto dell'arteterapia



5. Articolazione del progetto

R

✓ Report di restituzione

✓ Pubblicazione (esiti del progetto)



A horizontal landscape photograph of a sunset over the ocean. The sky is filled with dramatic, colorful clouds in shades of orange, red, and blue. The sun is partially obscured by a large, dark cloud formation. The ocean is calm, and the colors of the sky are reflected in a pool of water in the foreground, creating a symmetrical effect.

La bellezza salverà il mondo

Fëdor Dostoevskij



**Sono le ONDE
ad impedire che i mari siano delle
enormi pozzanghere
(Wallace)**